



ENVIRONMENTAL STUDIES



TIMELY PUBLICATION



TIMELY PUBLICATION



ENVIRONMENTAL STUDIES

A General Knowledge Book



PASTE YOUR PHOTO

My name is

I am years old.

I am in standard

My school name is.....

.....

By Mrs. Vaishnavi S. Giri

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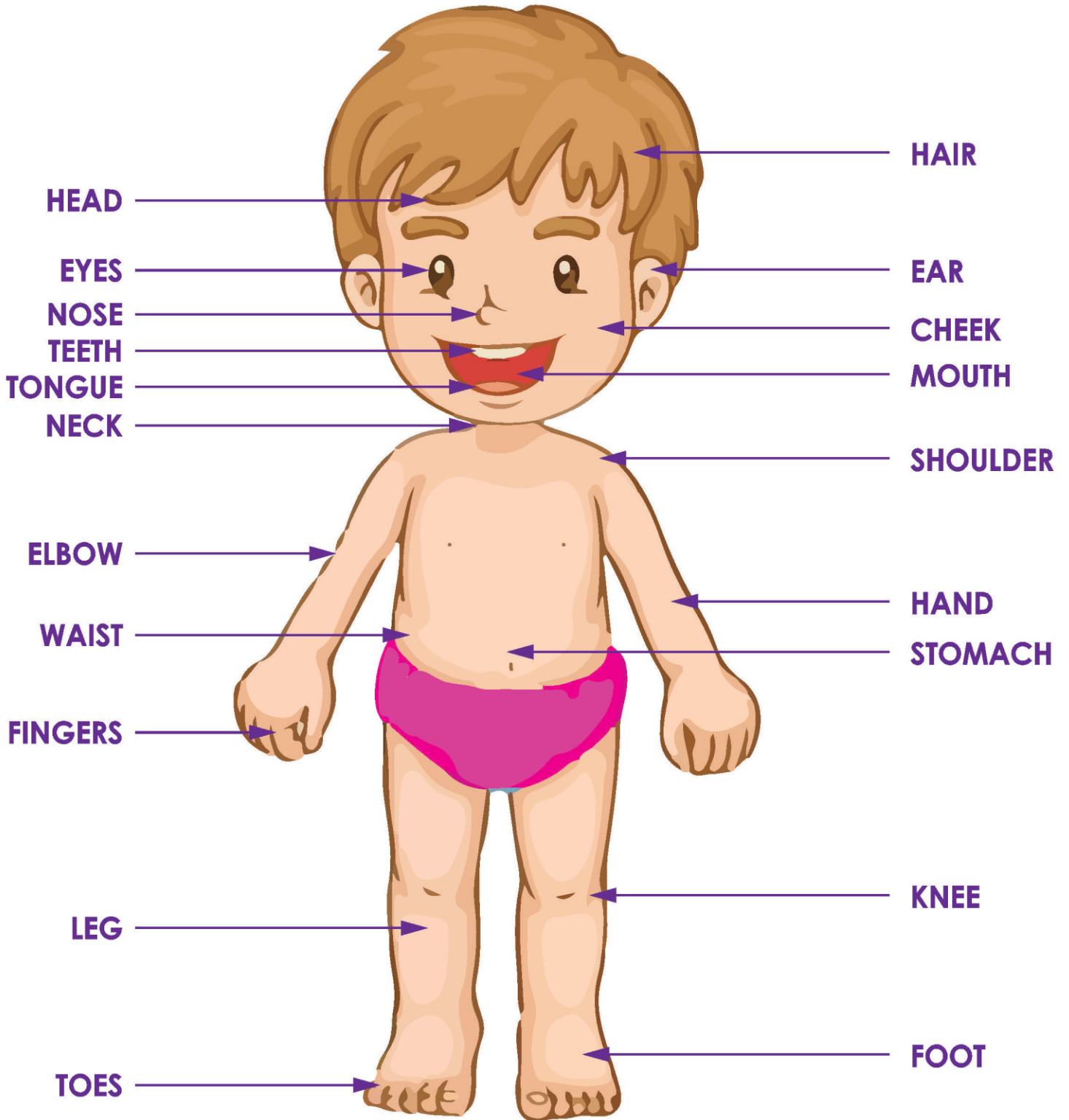
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1

MY BODY



The human body refers to the entire structure of a human being and comprises a head, neck, arms and hands, legs and feet.



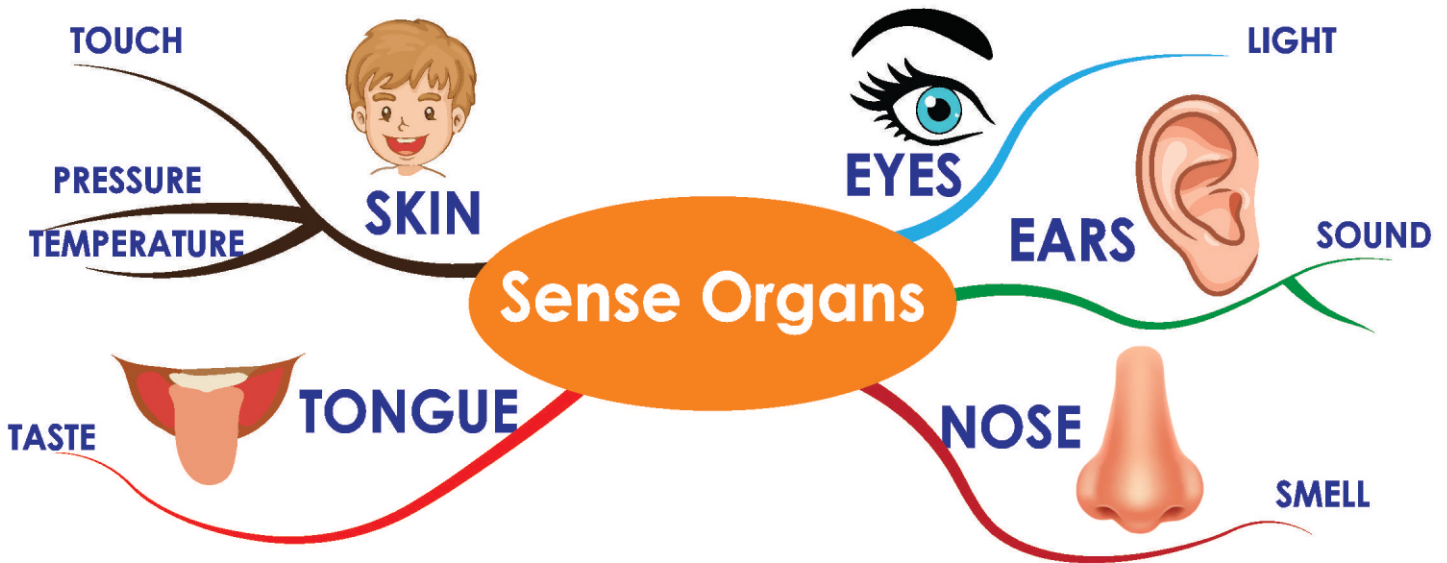


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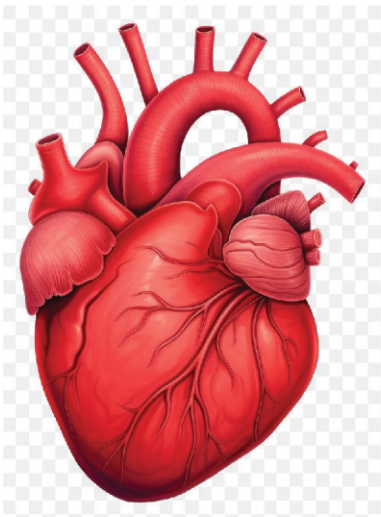
MY SENSE ORGANS



1. Tongue, Ear, Nose, Eye and Skin are our sensory organs.
2. Our sense organs help us to find out things around us.
3. We use our ears to hear sound.
4. We taste things with our tongue.
5. We smell things using our nose.
6. We can feel things with our hands or with other parts of our body.



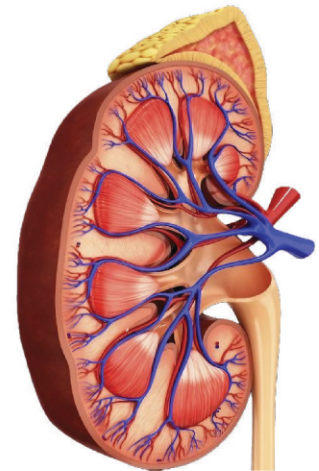
Heart, Brain, Lungs and Kidneys are organs inside our body.



HEART



LUNGS



KIDNEYS

?Activity :

Working parts of our body.

We Walk and run
with our **Legs.**



We hear with our
Ears.



We see with our
Eyes.



We smell with our
Nose.



We taste with our
Tongue.



We do our work with our
Hands.



? Give answer in one word.



1) What do you do with your nose ?

[.....]

2) What do you do with your ears ?

[.....]

3) What do you do with your hands ?

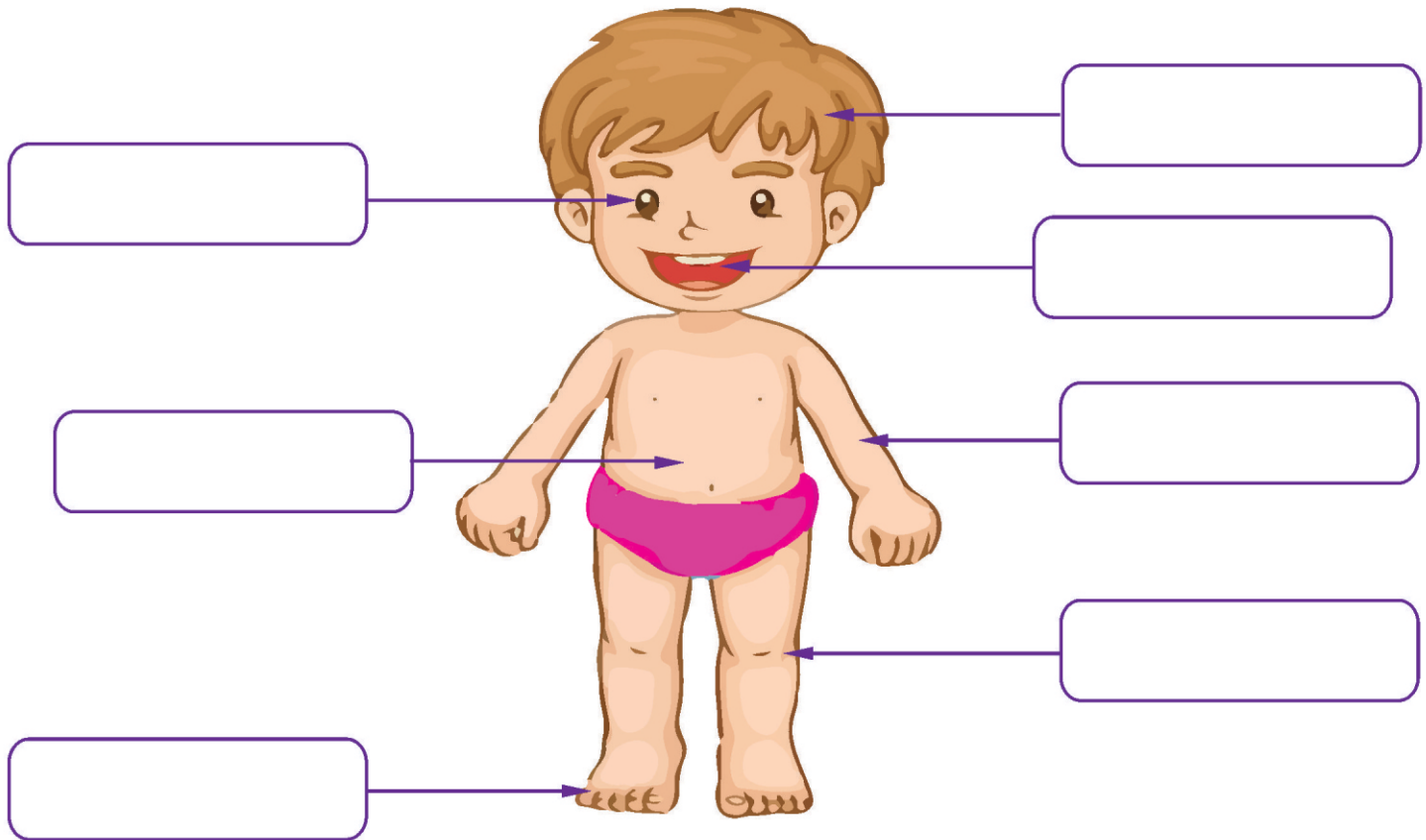
[.....]

(Work, Hear, Smell,)



Q.1) Name the body parts ?

(Toes, Elbow, Eyes, Hair, Mouth, Knee, Stomach)



Q.2) Look at the items and write it's taste.

(Astringent, Sweet, Sour, Bitter, Salty)



Sugar.....



Salt.....



Bitter melon.....



Amla.....



Lemon.....



1. We need food for energy.
2. We get proteins and vitamins from food.
3. Food gives us energy.
4. Food helps us to grow and make us healthy and strong.
5. We should take food three times in a day.

“ Breakfast – Lunch – Dinner”

A. We eat **Breakfast** in the morning.



Bread



Butter



Eggs



Fruits



Juice



Tea



Milk

B. We eat **Lunch** at noon.



Soup



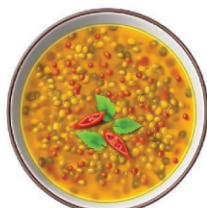
Salad



Roti



Sabji



Dal



Rice



Curd

C. We eat **Dinner** at night.



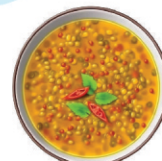
Roti



Sabji



Salad



Dal



Rice

?Activity :

Q.1) Fill in the missing letters.



B _ _ E _ _ D



C H _ _ P _ _ T I



M _ _ L K



E _ _ G S



Q.2) Match the food with time.

Lunch

08:00 A. M.

Breakfast

09:00 P. M.

Dinner

01:30 P. M.

Date :/...../.....

Teacher's Sign. :



4

HEALTHY FRUITS



1. Fruits keep us healthy.
2. Some fruits like orange and watermelon.
3. From fruits we get vitamins and minerals.
4. We make jam and jelly from fruits.



Apple



Banana



Orange



Mango



Guava



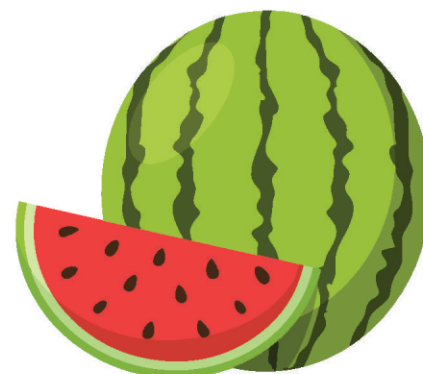
Papaya



Pineapple



Grapes



Watermelon

Date :/...../.....

Teacher's Sign. :

?Activity :

Q.1) Guess who am I ?

(Apple, Banana, Guava)

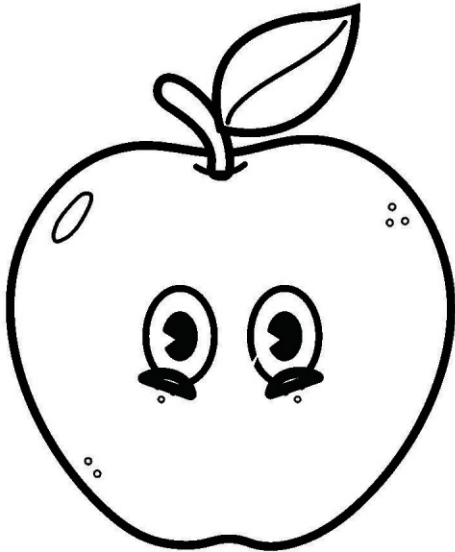
1) I am green outside and red inside. [.....]

2) You take out my skin before eating me. [.....]

3) I am red, I keep you away from Doctor. [.....]

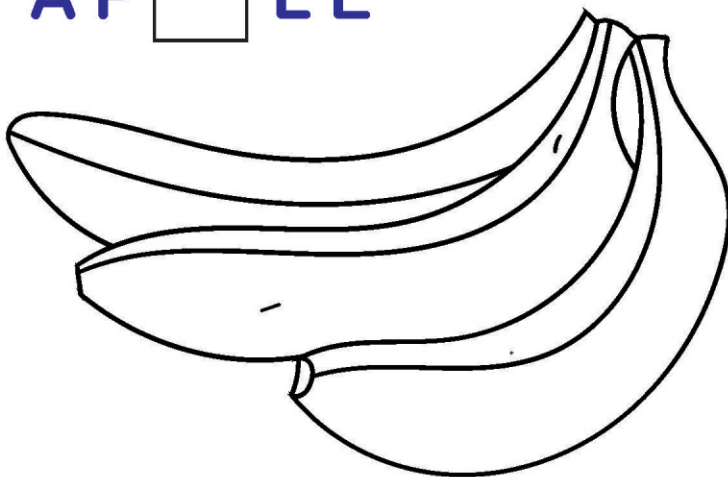
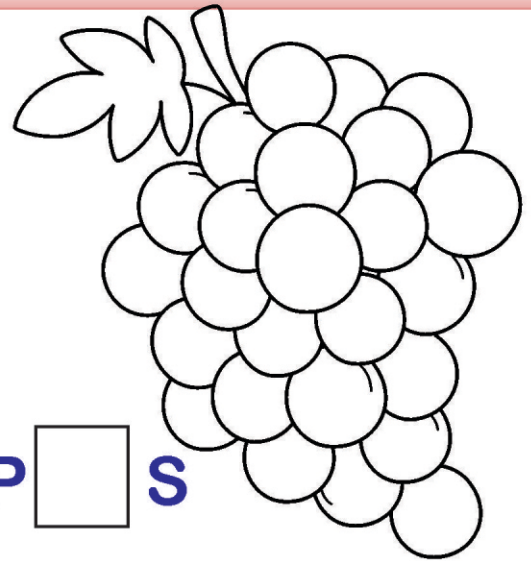


Q.2) Write the missing letter and colour the fruits according to their colors.

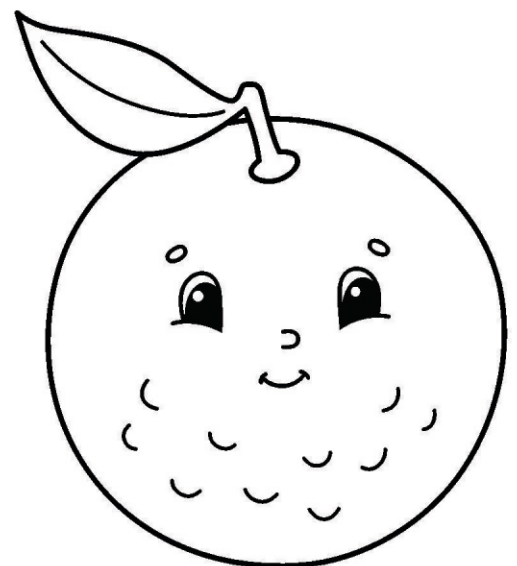


A P [] L E

G R [] P [] S



B A [] A N []



O R [] N [] E



Q.3) What do you have for breakfast? Write 3 things.

1)

2)

3)



Q.4) Tick [✓] the correct answer.

1) We take lunch at **night / noon**.

2) We take dinner at **night / morning**.



Q.5) Guess who am i.

(Grapes, Apple, Watermelon, Banana, Mango)

1) I am the king of fruits.

2) So many seeds are inside me.

3) You have to take out my skin

4) I keep the doctor away.

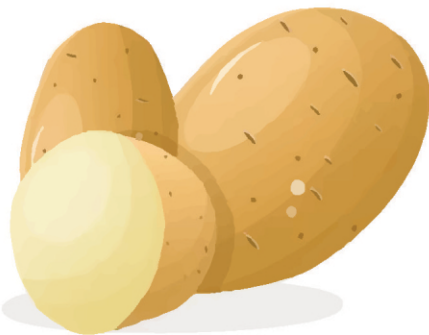
5) I grow in bunches.

5

FRESH VEGETABLES



1. We eat vegetables as food.
2. It keeps us healthy.
3. Some vegetables are leaves, stem, fruits, flower and root.
4. Some vegetables grow above the ground and some grow below the ground.



Potato



Capsicum



Cauliflower



Spinach



Brinjal



Onion



Tomato



Radish



Carrot

?Activity :

Q.1) Guess who am I ?

(Cauliflower, Spinach, Potato)

- 1) I am flower used as vegetable.
- 2) My leaves are used as vegetables.
- 3) I can make a French Fries.

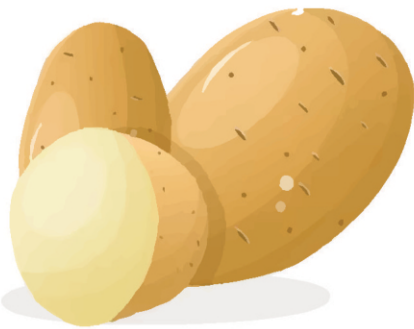


Q.2) See the picture and write the missing letter.



T M T O

R I A L



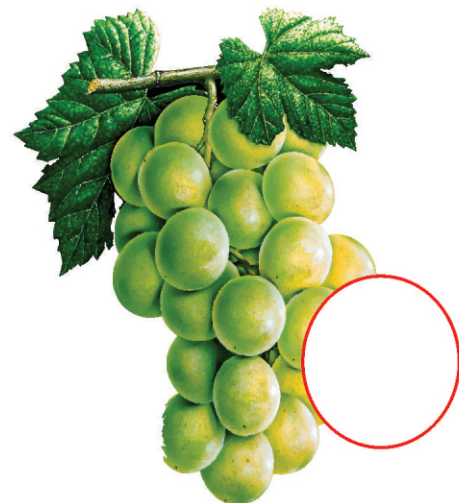
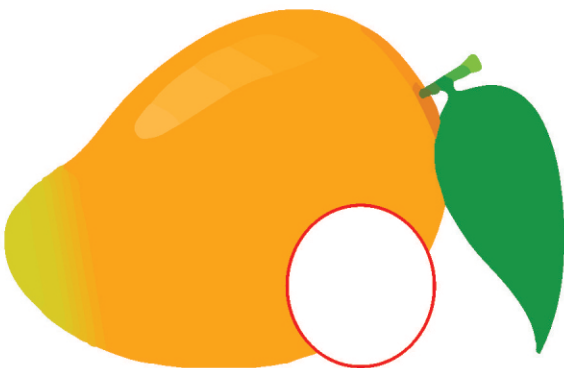
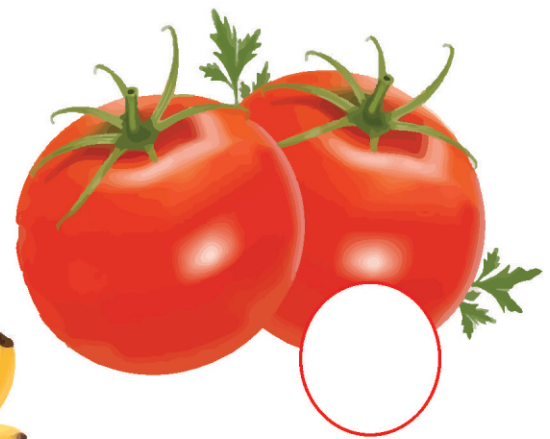
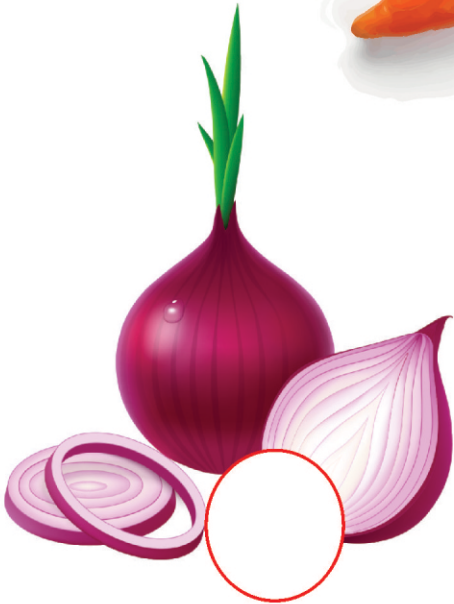
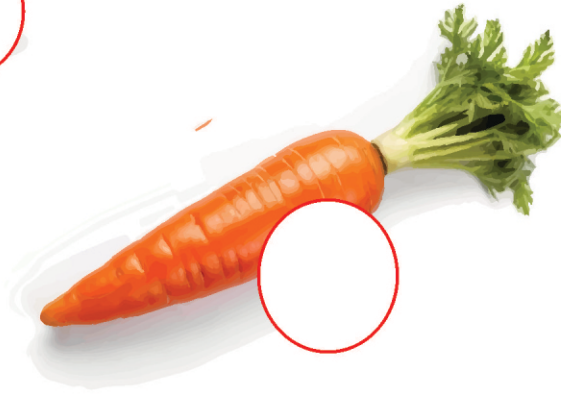
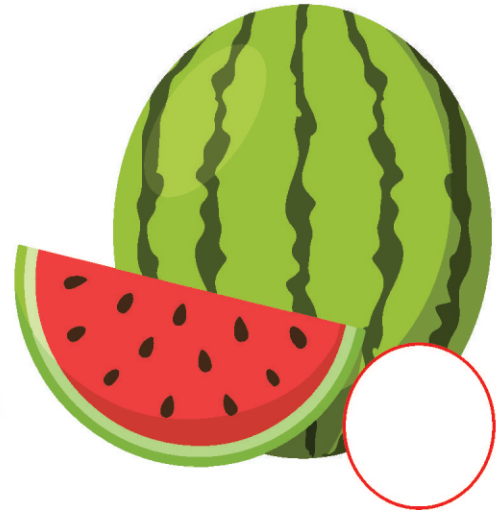
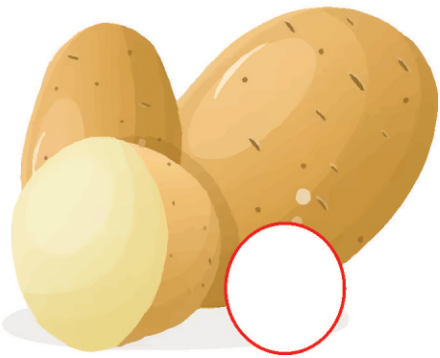
P T A O

S I A C





Q.3) Write **V** near the vegetables and write **F** near the fruits.



Date :/...../.....

Teacher's Sign. :



6

WILD ANIMALS



1. We see many animals around us.
2. Animals which live in forest are called **WILD ANIMALS**.
3. The major wild animals are Elephant, Tiger, Lion, Rhino, Bear, etc.
4. They live in the dense forest.



Elephant



Fox



Bear



Deer



Lion



Tiger



1. Animals which we keep in our house are called as DOMESTIC ANIMALS, are different kinds of domestic animals.
2. Cow, Buffalo, Sheep, Goat, Dog, Cat, Horse, Camel, Hen, etc are some examples of domestic animals.
3. Our domestic animals are quite friendly to us.



Goat



Cat



Cow



Buffalo



Dog

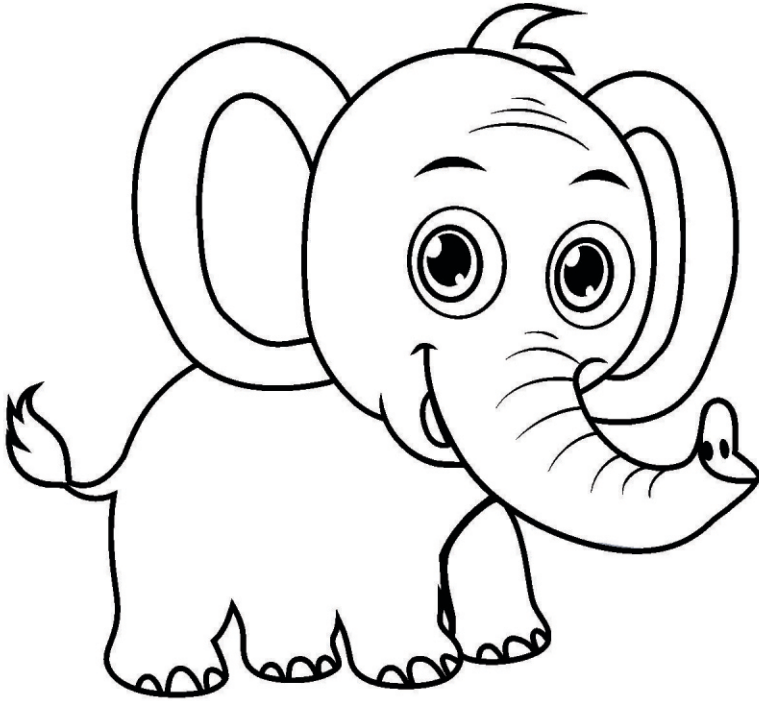


Horse

1. Domestic animals are useful to man.
2. Cow gives us milk.
3. Bullock helps in farming.
4. We get milk from the she goat and buffalo.
5. Dog is very faithful animal and it guards our houses.
6. Horse are used to ride. They do very useful jobs for our benefit.
7. Hence, we should treat them with all kindness.

?Activity :

Q.1) Colour the cute animals.



ELEPHANT



DEER



BEAR



TIGER



ACTIVITY :-

Q. 1) Write the answers.

1) Name two wild animals.

2) Name two domestic animals.

1)

1)

2)

2)



Q. 2) Fill in the missing letters.



L O



T G E



E E H A T

E R





8

BIRDS



1. Birds fly in the sky.
2. Birds have wings to fly. Birds have beak to eat.
3. Birds have feathers and two legs. Birds build their nest.
4. It's tail helps it to keep balance in the air, and the two legs for hopping.
5. It builds nest on the trees, and eat insects, fish, grains, etc.



Hen



Owl



Sparrow



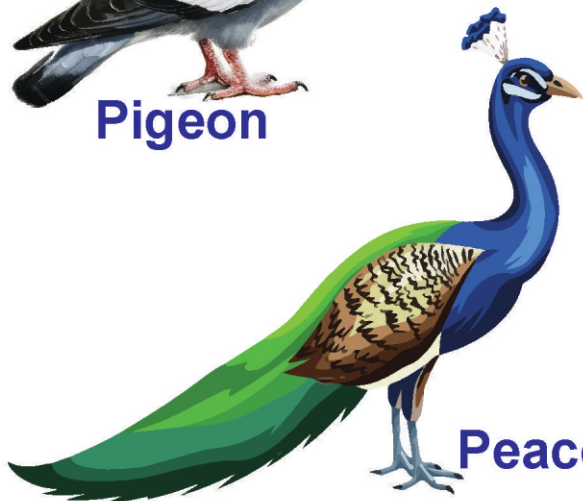
Pigeon



Crow



Parrot



Peacock



Eagle



9

INSECTS



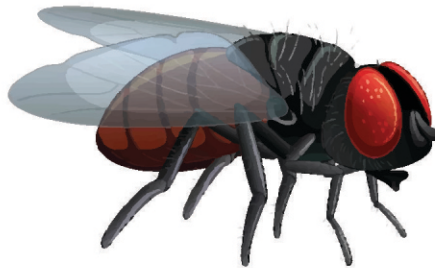
1. Insects are small in size.
2. Some insects can fly.
3. Most insects only come out at night.
4. When it is quiet around the house.



Bee



Butterfly



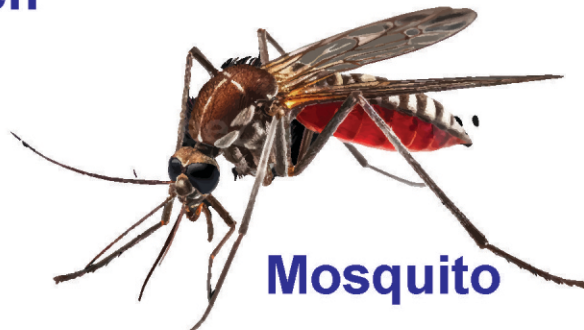
Housefly



Cockroach



Grasshopper



Mosquito

?Activity :

Q.1) Write the name of birds and insects separately.



.....

.....

.....

.....

.....

.....

.....

.....



Q.2) Write the answers.

1) Name two birds.

2) Name two insects.

1)

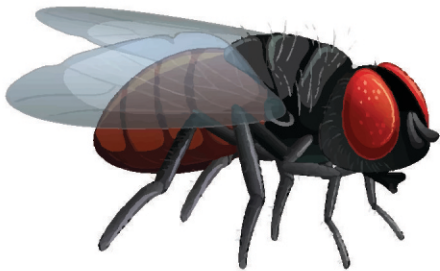
1)

2)

2)



Q.3) Fill in the missing letters.



H U S F L



M O Q U T



C O K O A C H



B T T E F L Y



10

ANIMALS AND THEIR HOMES



Like us, animals also live in their home.



A Bird in a **NEST**.



Bees in a **HIVE**.



A Spider in a **WEB**.



A Lion in a **DEN**.



A Rat in a **HOLE**.



A Rabbit in a **BURROW**.



Read and Say...



A Cow in a **SHED**.



A Horse in a **STABLE**.



Hen in a **COOP**.



A Dog in a **KENNEL**.



ACTIVITY :-

Q. 1) Match the pair.

BIRD

SPIDER

RAT

HEN

COOP

HOLE

NEST

WEB

Date :/...../.....

Teacher's Sign. :



11

YOUNG ONES OF ANIMALS



1. Animals also have their family.
2. They live with their young one.



A dog and a **PUP**.



A cat and a **KITTEN**.



A goat and a **KID**.



A cow and a **CALF**.



A lion and a **CUB**.



A sheep and a **LAMB**.

?Activity :

Q.1) Match the young ones animals with their names.

Kitten 



Cub 



Pup 



Kid 



Calf 





Q.2) Fill in the blanks.

(Stable, Web, Kennel, Shed, Nest)

- a) A bird lives in a
- b) A cow lives in a
- c) A dog lives in a
- d) A spider lives in a
- e) A horse lives in a



Q.3) Colour the correct answer.

a) A dog and

a pup

a kitten

b) A cow and

a kid

a calf

c) A lion and

a cub

a pup

d) A sheep and

a cub

a lamb

e) A cat and

a kitten

a pup

f) A duck and

a kid

a ducklin



12 PLANTS



1. We see many types of plant everywhere.
Plants give us fresh air.
2. Plants provide food, clothing, fuel, shelter, and many other necessities of life.
3. There are many types of plants. Ex. Herbs, Shrubs, Climbers, Creepers.

Read and Say...



Mango Tree



Coconut Tree



Banyan Tree

1. Some plants are small.
2. The leaves gather sunlight and help the plant make its food, the stems support the plant, the roots anchor the plant and absorb water and minerals from the soil.



Rose



Wheat Plant



Cotton Plant



Read and Say...

1. Some plants have weak stems.
2. They can't grow without support.
3. They are called climbers.



Money Plant



Grapevine



Pea Plant

1. Some plants have thorns.
2. We should not touch these plants.



Cactus



Beri

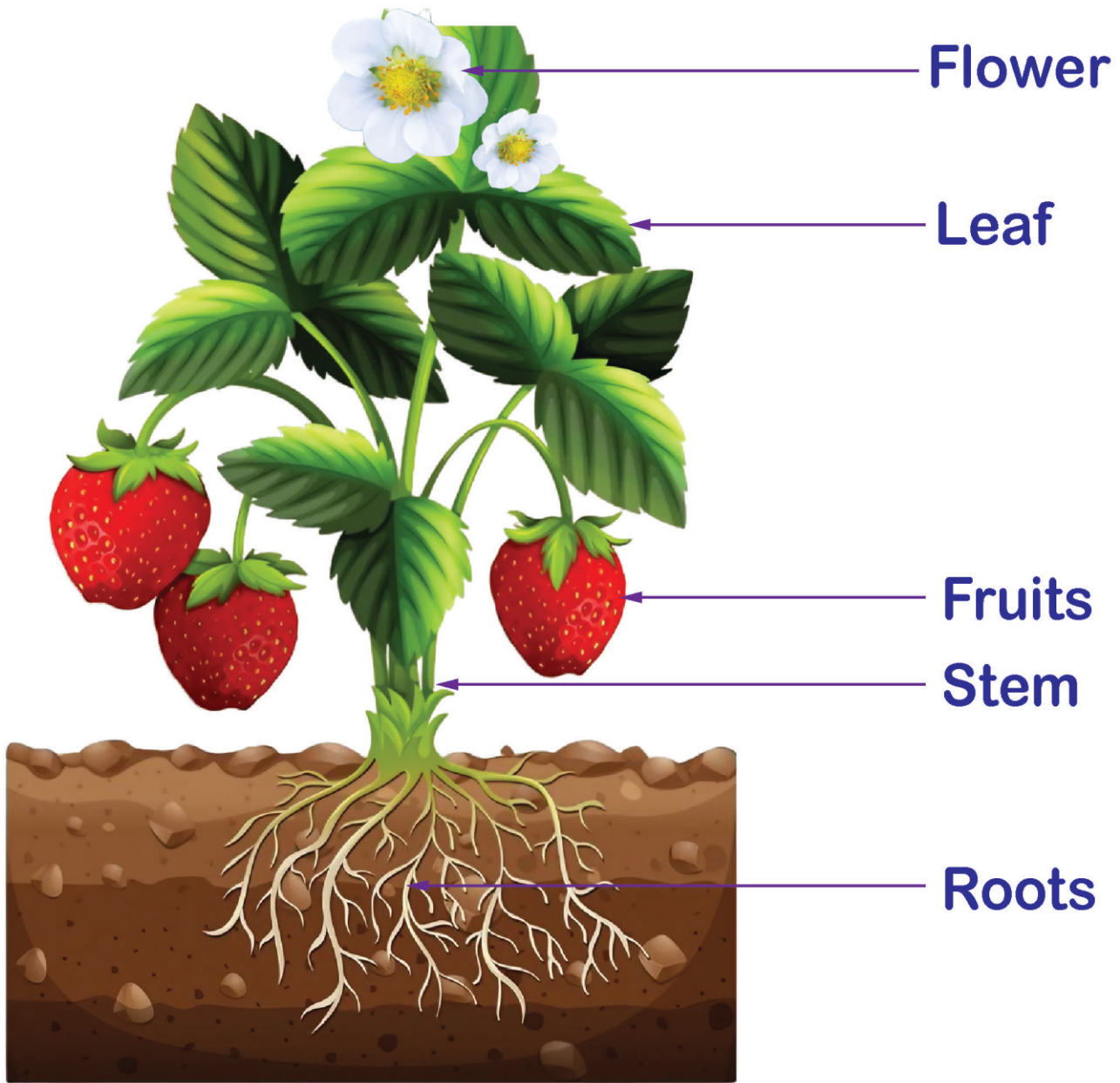


Rose



PARTS OF A PLANT

Roots, Stem, Leaves, Flowers are different parts of a plant.



?Activity :

Q.1) Write any Four parts of a plant from above.

1)

2)

3)

4)



Q.2) Fill in the blanks.

1) Big plants are called

2) Some plants havestems.

3) Cotton plant is plant.

(weak , small , trees)



Q.3) Tick Right [✓] or wrong [X].

1) All plants are same in size. []

2) Plants like sunlight. []

3) Plants give us food. []

4) Grass is a very tall plant. []



Q.4) Write the missing letters.



M [] N G [] T [] E E



C [] C [] U S



C [] C [] N [] T T R E E

13 SEASONS



Seasons are periods of the year that are characterized by different weather patterns and daylight hours.

SUMMER SEASON

1. Summer is the hottest season of the year.
2. It covers the months of April, May & June.
3. During this season, the days get hotter and the nights shorter.
4. In summer we wear cotton clothes.
5. We like to drink cold drinks and eat Ice-cream.
6. In summer we get our summer vacations.



WINTER SEASON

1. It is the coldest season.
2. December and January are the winter months.
3. During winter, cold winds blow from the north.
4. People wear warm clothes and use blankets, quilts, etc. to protect themselves from severe cold.
5. We like to eat hot food.

RAINY SEASON

1. The rainy season comes after summer.
2. Rain make the earth moist, and so ploughing and sowing of seeds for crops become easy.
3. In rainy season we use umbrella, Raincoat and Gumboots.



?Activity :

Q.1) Complete the sentence.

(Rainy season, Woollen clothes, Hot)

- a) In summer season we feel
- b) We use raincoat in
- c) In winter season we wear

? Q.2) Tick Right [✓] or wrong [X].

- a) In winter season we eat ice - cream. []
- b) In summer season we wear raincoat and gumboots. []
- c) In summer it is very hot. []

? Q.3) Match the pair.



- Raincoat
- Cold drinks
- Woollen caps

- Winter season
- Rainy season
- Summer season



14

CLOTHES ! OUR NEED



1. We all wear clothes to cover our body.
2. Clothes protect us from heat, cold, rain.
3. We wear different types of clothes as per season & readition.

Clothes For Boys :



Shirt

Trouser



Kurta

T- Shirt



Clothes For Girl's :



Saree



Skirt



Frock



Top

Clothes we have to used according to seasons.

?Activity :

Q. 1) Fill in the blanks. (Rain, Good, Body)

- a) We all wear clothes to cover our
- b) Clothes make us look
- c) Clothes protect us from heat, cold and.....

? Q.2) See the picture and write it's name.



.....
.....



.....
.....



.....
.....



.....
.....



.....
.....



.....
.....

? Q.3) Unscramble the letters to make the words.

KUTAR

--	--	--	--	--	--

FCKOR

--	--	--	--	--	--

SHTIR

--	--	--	--	--	--





15

WATER AND IT'S SOURCES



1. All living things need water to live.
2. We cannot live without water.
3. We use water for drinking, cleaning, washing, bathing, cooking, etc.



Washing



Bathing



Drinking



Cleaning

Sources of water : We get water from various sources like a Well, Tap, Hand pump, Rain, River.



Well



Tap



Rain



Hand pump

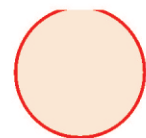
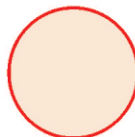
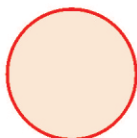
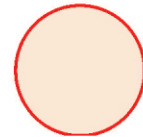
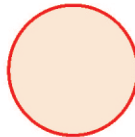
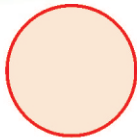
?Activity :

Q.1) Tick Right [✓] or wrong [X].

- a) We need water for **cooking / dancing**.
- b) We **can live / cannot live** without water.
- c) Plants also need water **to grow / to die**.
- d) We get water from **rain / bank**.



Q.2) Tick Right [✓] the activities in which water is being used.



Date :/...../.....

Teacher's Sign. :



16 CLEAN AIR



1. Air is everywhere.
2. We cannot see air, but we feel it.
3. We cannot live without air.
4. Plants, animals and human beings need air to breath.

Look at these pictures, all these need Air.



Date :/...../.....

Teacher's Sign. :

?Activity :

Q.1) Write the correct answer.

(we die , No , to live)

a) Can we see air ?

b) Why do we need Air ?

c) What happen when there is no Air ?



Q.2) Fill in the blanks.

(Air, Cannot, Feel, Breathe)

a) is everywhere.

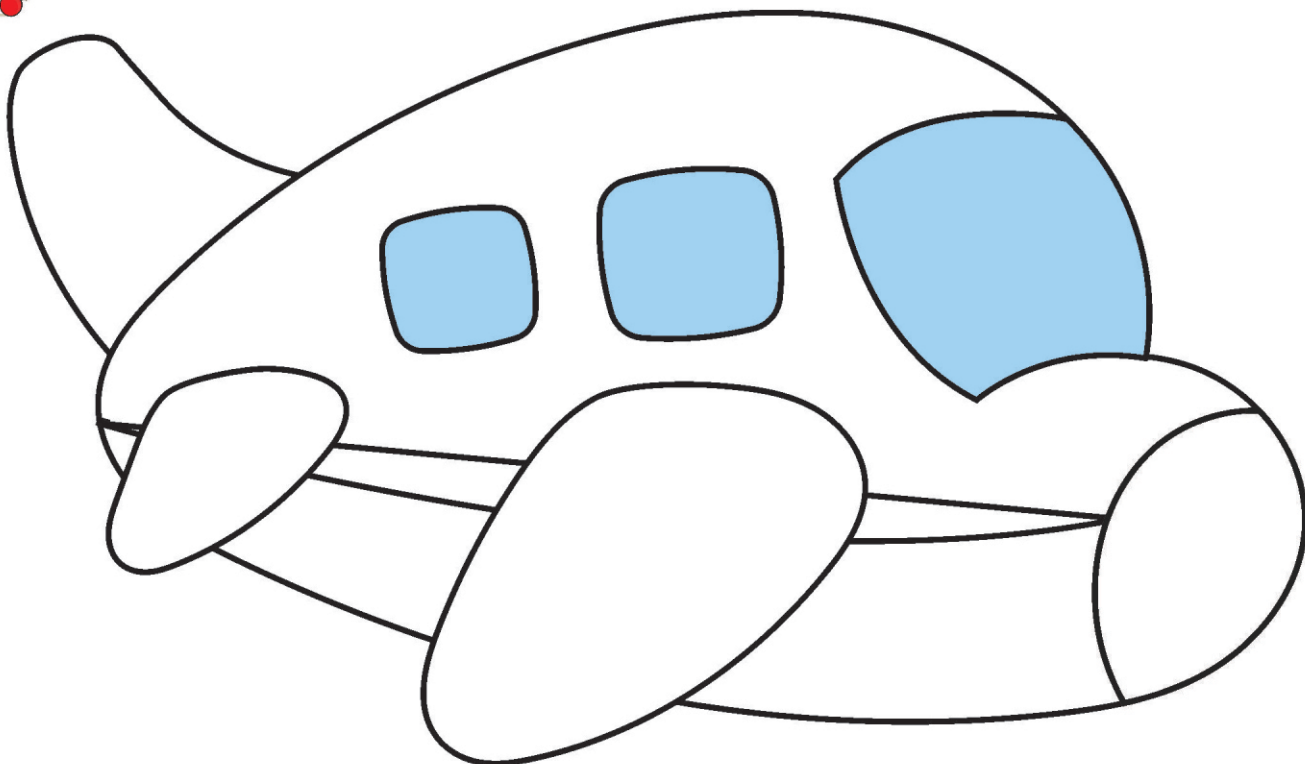
b) We see air.

c) We can air.

d) Plants and animals need air to



Q.3) Colour the picture.

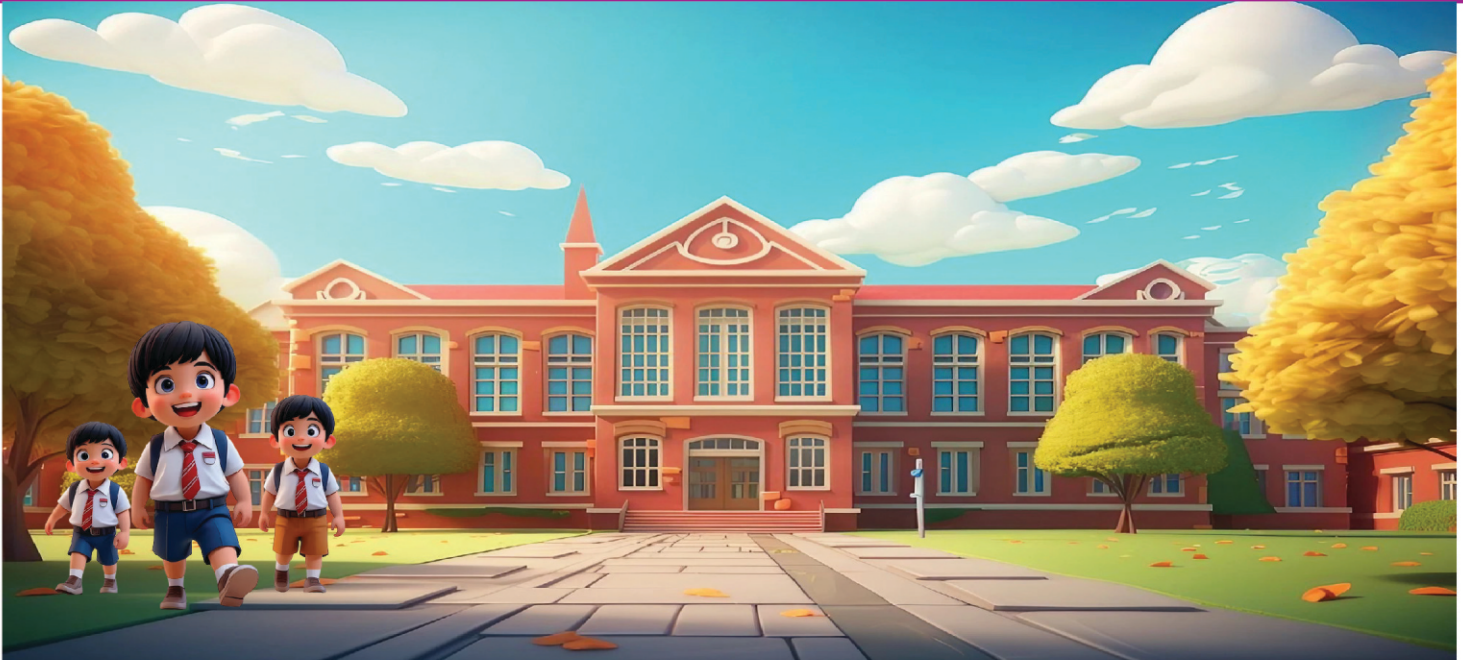


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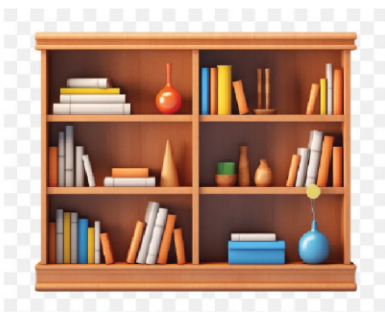
MY SCHOOL



1. Students go to school everyday.
2. They like their school, class and teachers.
3. In school students learn so many things and activities.
4. Like our home a school also has many rooms.



We learn to read and write below things :



Book Rack



Book



Chart



Teacher



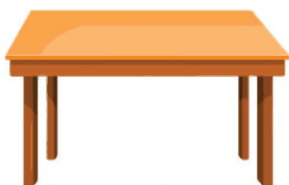
Duster



Tiffin



Bench



Table



Chalk



Black Board



1. Like our home a school also has many rooms.
2. Each of them has a special name like Classroom, Computer Room, Library, Music Room, Principal's Office, Playground, etc.



Classroom



Computer Room



Playground



Library



Principal's Office



Music Room

Children learn many activities, in the school like writing, Sharing, Reading, Singing, Drawing and Dancing, etc.



Writing



Sharing



Playing



Dancing



Reading



Drawing



Singing

?Activity :

Q.1) Write the answer.

a) At what time, do you come to school ?

Ans :

b) How do you come to school ?

Ans :

c) Write the name of your school.

Ans :

d) Write the name of your class teacher ?

Ans :

? Q.2) Identify the pictures and arranged the correct name



N I F F I T

.....
.....
.....



E A E H C R T

.....
.....
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H C L A K

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C H N E B

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LIVING ROOM We seat and spend time with our family here.



The things we are seen in our living room :



Sofa



Television



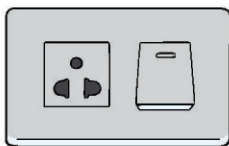
Table



Book Shelf



Chair



Switch Board



Vase



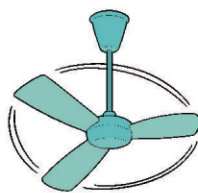
Mobile Phone



Air Conditioner



Telephone



Fan



Wall Lamp

Watch



Light

KITCHEN

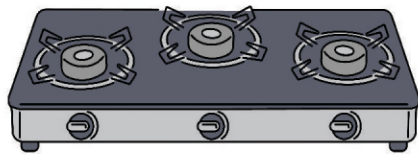
My mom cooks yummy food in the kitchen.



The things we are seen in our kitchen :



Refrigerator



Gas



Cylinder



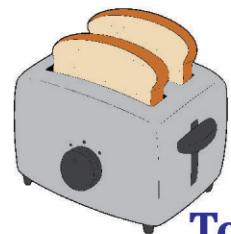
Water Filter



Glass



Jar



Toster



Roti Maker



Cup



Plates



Pressure Coocer



Bowl



Knife



Pan



Pot



Spoons

BEDROOM

We rest and sleep in the bedroom.



The things we are seen in our bedroom :

Bed



Blanket



Toy's



Pillow



Clock



Lamp



Curtain



Cupboard

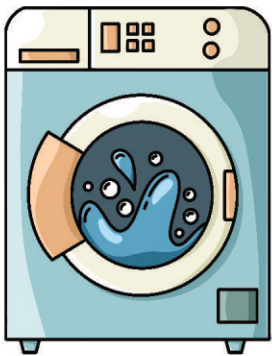


BATHROOM

We take bath here to keep ourselves clean.



The things we are seen in our bathroom :



Washing Machine



Mirror



Toilet



Bathtub



Towel



Shampoo



Mug



Geyser



Soap



Shower



Bucket



Tooth Brush



Wiper



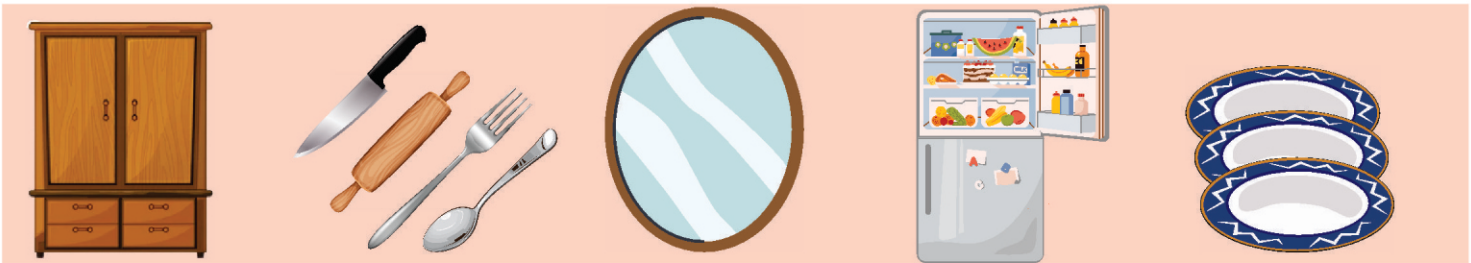
Toothpaste

?Activity :

Q.1) Circle [○] the things you see in the living room.



Q.2) Circle [○] the things you see in the kitchen.



Q.3) Circle [○] the things you see in the bedroom.



Q. 4) Circle [○] the things you see in the bathroom.





Childrens like to going to play in the Garden.



The things we are seen in our garden :



Wheelbarrow

Shovel



Birds

Tree



Nest



Pot



Gardner

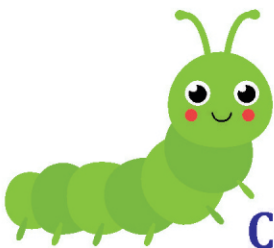


Fountain

Trowel



Dustbin



Catterpillar



Cutter



Watering Can

?Activity :

Q.1) Identify the pictures and write their names.



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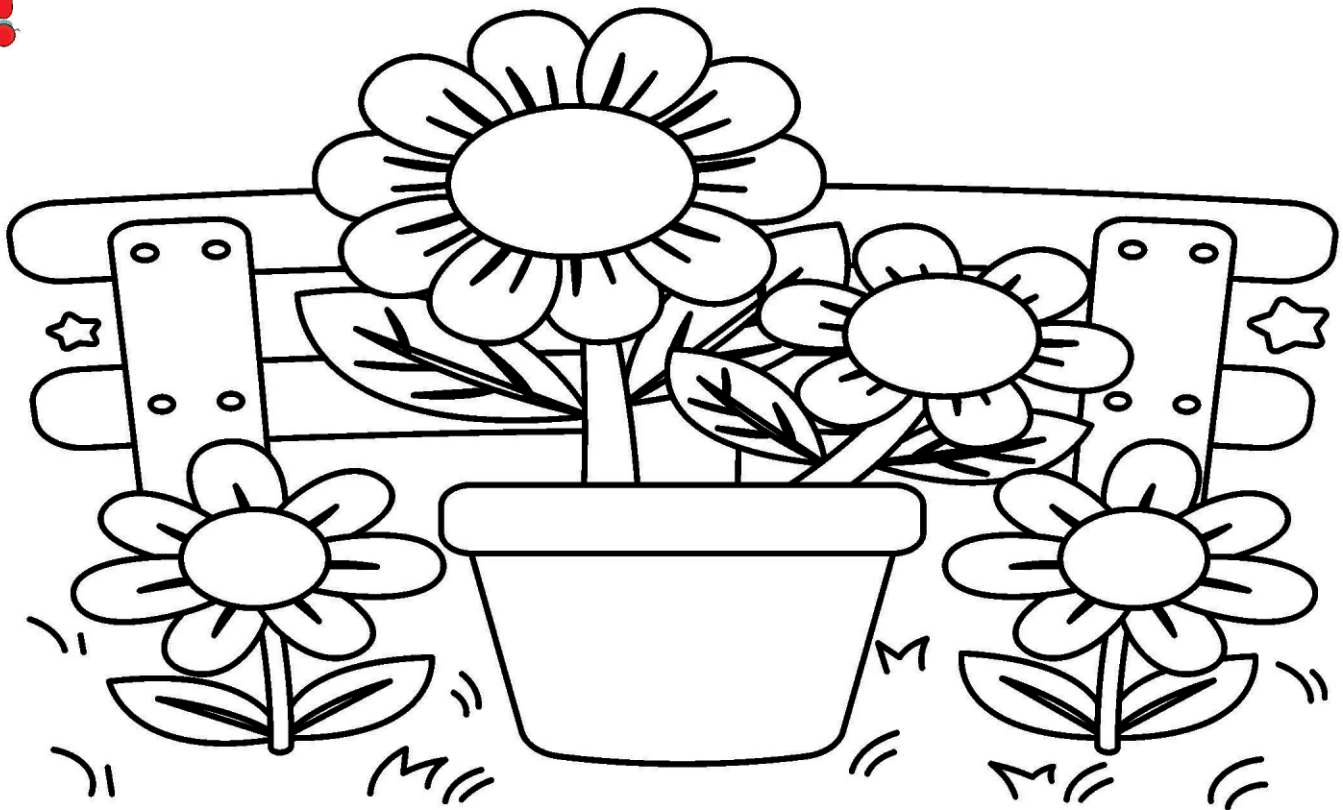


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Q.2) Colour the image with your favorite colour.



?Activity : Fun for Knowledge :

1) Where are the birds live ?

(On flower / In nest)

Ans :

2) What is the use of dustbin ?

(For waste / For cutting)

Ans :



20

HOSPITAL



When we are sick we have to go to the hospital :



The things we are seen in our hospital :



First Aid Box



Medicines



Stretcher



Doctor



Bandage



Stethoscope



Injection



Patient



Nurse



Ambulance

Wheel Chair



Date :/...../.....

Teacher's Sign. :

?Activity :

Q.1) Identify the pictures and write their names below.

(Medicines , Doctor , Nurse , First Aid Box , Injection , Bandage)



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?Activity : Fun for Knowledge :

1) Where we have to go if we are sick ? (Hospital / School)

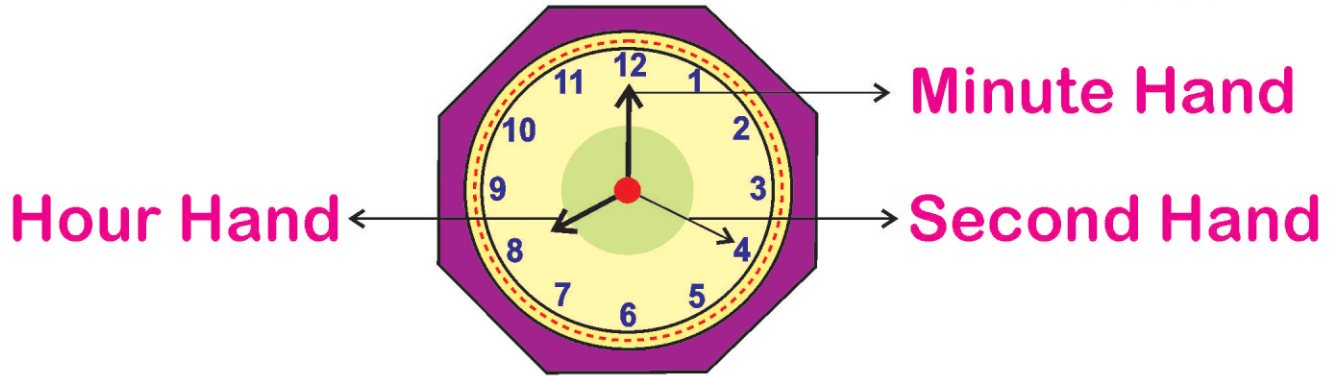
Ans :

2) Which vehicle used in the hospital ? (Airplane / Ambulance)

Ans :

21

READING OF TIME



8 O` CLOCK



1 O` Clock



2 O` Clock



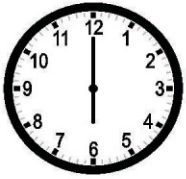
3 O` Clock



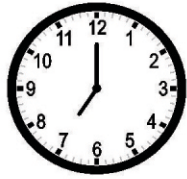
4 O` Clock



5 O` Clock



6 O` Clock



7 O` Clock



8 O` Clock

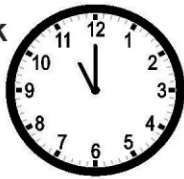


9 O` Clock



10 O` Clock

11 O` Clock



12 O` Clock

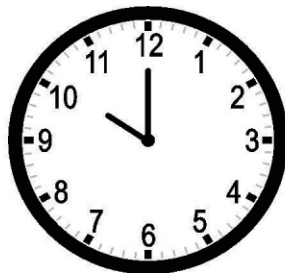


?Activity :

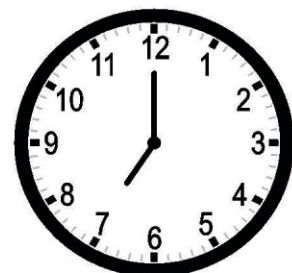
Q.1) What time is it ?



O` Clock



O` Clock



O` Clock



22

OUR CURRENCY



Our currency help us to buy anything.



Date :/...../.....

Teacher's Sign. :

OUTDOOR GAMES :



Cycling



Tennis



Hockey



Basketball



Swimming



Cricket



Badminton

Date :/...../.....

Teacher's Sign. :

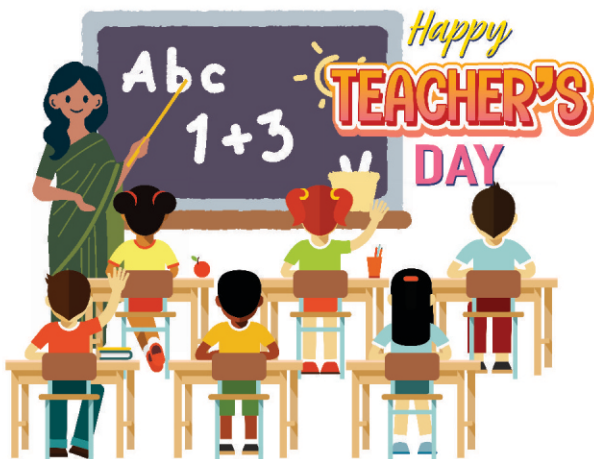


15th August
Independence Day



26th January
Republic Day

14th November
Children Day



5th September
Teachers Day



2nd October
Gandhi Jayanti



25

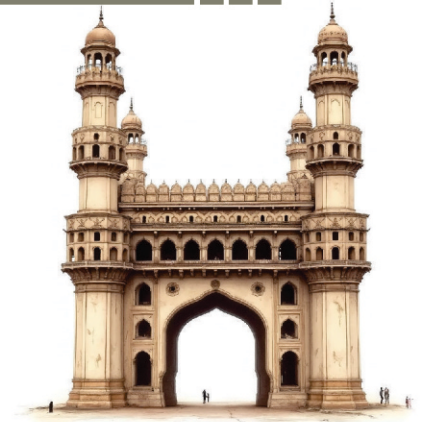
FAMOUS MONUMENTS



RED FORT



QUTAB MINAR



CHAR MINAR



TAJ MAHAL



GATE OF INDIA



HAWA MAHAL



JAMA MASJID



INDIA GATE



AYODHYA MANDIR

Date :/...../.....

Teacher's Sign. :

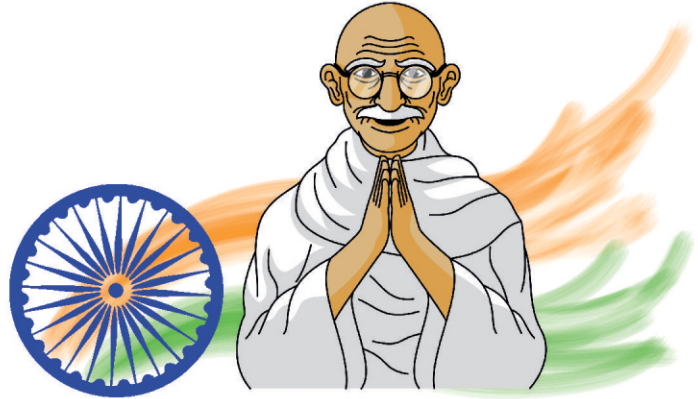


26

OUR FAMOUS PERSONALITIES



**Chhatrapati
Shivaji Maharaj**



Mahatma Gandhi



**Dr. Babasaheb
Ambedkar**



Guru Nanak Dev Ji



Mahatma Jyotiba Fule



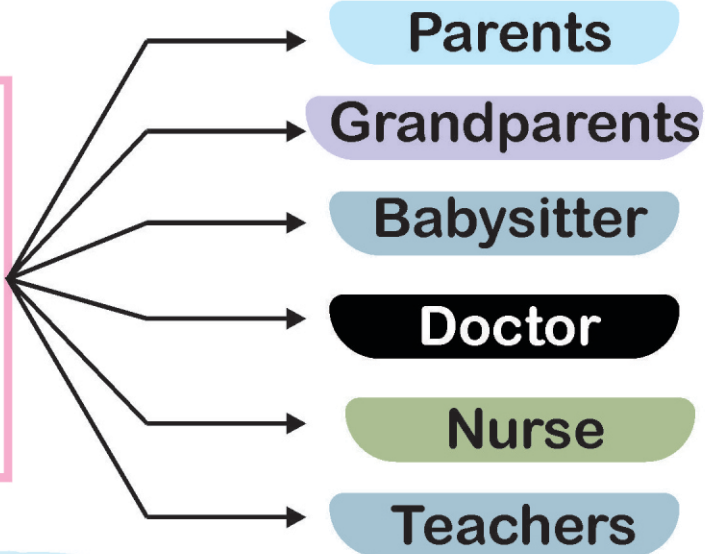
Savitribai Fule

Date :/...../.....

Teacher's Sign. :

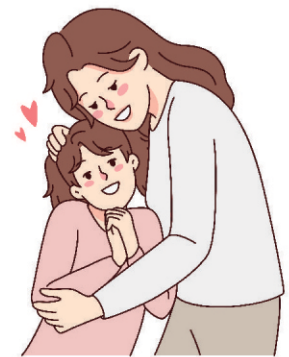


1. It's important to teach children about good and bad touch to help them feel safe.
2. Let's know about the people who come in our Body Safety Circle.



Good Touch

Good touch makes a child feel comfortable and happy. It is a way to show care, love and help. You feel pleasant and good.



Bad Touch

Bad touch makes a child feel uncomfortable and scared. You feel unpleasant or feel unsafe. You do not want to be touched in this manner.



What to do ?

If someone gives you a bad touch, you should say, "No, I don't like it." Shout and run away to inform your parents / teachers about it. If your parents / teachers are not around, you can tell the people in your **Body Safety Circle**.



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